MILE & MARQUE

THE PACKING EDIT

The Master *Packing List*

The list I open every time I travel, wherever I'm headed.

PART ONE

The Suitcase

The Wardrobe, The Shoes, Personal Care

PART TWO

The Personal Item

For the Journey, Tech & Camera, The Little Pouch, Out the Door

DESTINATION _____

DATES _____

The places you go + the mark you make

PART ONE

The Suitcase

I. The Wardrobe 18

- [ ] Underwear
- [ ] Bras
- [ ] Socks
- [ ] Pajamas
- [ ] Jacket
  light or heavy, depending on the weather
- [ ] Swimsuit
  for hotel pools and beaches
- [ ] Jewelry & accessories
  belts, earrings, everyday pieces
- [ ] Watch & accessories
  belts, cufflinks, everyday pieces
- [ ] Purses
- [ ] Day bag
- [ ] Laundry bag
  keeps worn clothes apart from clean

I. The Wardrobe *continued* 18

- ○ Outfit 1 .....
- ○ Outfit 2 .....
- ○ Outfit 3 .....
- ○ Outfit 4 .....
- ○ Outfit 5 .....
- ○ Outfit 6 .....
- ○ Outfit 7 .....
- ○ .....
- ○ .....

II. The Shoes 3

- ○ Pair 1 .....
- ○ Pair 2 .....
- ○ Pair 3 .....
- ○ .....
- ○ .....

III. Personal Care

27

- [ ] Toothbrush
- [ ] Toothpaste
- [ ] Floss
- [ ] Deodorant
- [ ] Face wash
- [ ] Shampoo
- [ ] Conditioner
- [ ] Body wash
- [ ] Loofah
- [ ] Razor
- [ ] Shaving kit
  razor, shaving cream, aftershave
- [ ] Skincare
- [ ] Sunscreen
- [ ] Makeup
- [ ] Makeup eraser
  the reusable makeup-removing cloth

III. Personal Care *continued* 27

- [ ] Tweezers
- [ ] Nail clippers & file
- [ ] Brush
- [ ] Comb
- [ ] Claw clip
- [ ] Hair ties
- [ ] Hot hair tools
- [ ] Beard trimmer
- [ ] Heat protectant
- [ ] Hair product
  pomade, gel, or wax
- [ ] Perfume/cologne
- [ ] Feminine products
- [ ] .....
- [ ] .....

PART TWO

The Personal Item

IV. For the Journey

14

- ○ The little pouch
  contents listed in VI
- ○ Neck pillow & eye mask
  one that straps to the seat
- ○ Zip-up jacket
- ○ Noise-canceling headphones
- ○ Wired earphones
  for the seatback screen
- ○ Portable charger
- ○ Pen
  for arrival forms
- ○ Pill organizer
  my usual medications in one place
- ○ Disposable toothbrushes
  pre-pasted, toss after use
- ○ Floss picks
  individually wrapped
- ○ Disinfecting wipes
  for the tray table and armrests

IV. For the Journey *continued* 14

- ○ Grüns
  my greens gummies
- ○ Snacks
- ○ Gum
- ○ .....
- ○ .....

V. Tech & Camera 5

- ○ Phone charger
- ○ Watch charger
- ○ Plug adapter
  a universal one covers most countries
- ○ Camera
  whichever one you shoot with
- ○ Camera charger & batteries
- ○ .....
- ○ .....

VI. The Little Pouch

10

- [ ] SPF lip balm
- [ ] Hand sanitizer
- [ ] Hand cream
- [ ] Wet wipes
  individually wrapped
- [ ] Bandages
- [ ] Feminine products
- [ ] Tide pen
  a spare lives in my personal item
- [ ] Hair ties & a mini claw clip
- [ ] Mini scissors
  check the rules for your route
- [ ] Ibuprofen
  a small bottle
- [ ] .....
- [ ] .....

VII. Out the Door

7

- [ ] Passport or driver's license
- [ ] Travel documents
  boarding passes, bookings, and any visas
- [ ] Wallet
- [ ] Keys
- [ ] Sunglasses
- [ ] Glasses or contacts & solution
- [ ] AirTags
  one in my carry-on suitcase, one in any checked bag
- [ ] _____
- [ ] _____