MILE & MARQUE

The Master *Packing List*

The list I open every time I travel, wherever I'm headed.

DESTINATION _____ DATES _____ NIGHTS _____

PART ONE

The Suitcase

Everything that rolls behind me or gets checked.

I. The Wardrobe 18

- ○ Underwear
- ○ Bras
- ○ Socks
- ○ Pajamas
- ○ Jacket – *light or heavy, depending on the weather*
- ○ Swimsuit – *for hotel pools and beaches*
- ○ Jewelry & accessories – *belts, earrings, everyday pieces*
- ○ Watch & accessories – *belts, cufflinks, everyday pieces*
- ○ Purses
- ○ Day bag
- ○ Laundry bag – *keeps worn clothes apart from clean*
- ○ Outfit 1 .....
- ○ Outfit 2 .....
- ○ Outfit 3 .....
- ○ Outfit 4 .....
- ○ Outfit 5 .....
- ○ Outfit 6 .....
- ○ Outfit 7 .....
- ○ .....
- ○ .....
- ○ .....

II. The Shoes 3

- ○ Pair 1 .....
- ○ Pair 2 .....
- ○ Pair 3 .....
- ○ .....
- ○ .....

III. Personal Care 27

- ○ Toothbrush
- ○ Toothpaste
- ○ Floss
- ○ Deodorant
- ○ Face wash
- ○ Shampoo
- ○ Conditioner
- ○ Body wash
- ○ Loofah
- ○ Razor
- ○ Shaving kit – *razor, shaving cream, aftershave*
- ○ Skincare
- ○ Sunscreen
- ○ Makeup
- ○ Makeup eraser – *the reusable makeup-removing cloth*
- ○ Tweezers
- ○ Nail clippers & file
- ○ Brush
- ○ Comb
- ○ Claw clip
- ○ Hair ties
- ○ Hot hair tools
- ○ Beard trimmer
- ○ Heat protectant
- ○ Hair product – *pomade, gel, or wax*
- ○ Perfume/cologne
- ○ Feminine products
- ○ .....

PART TWO

The Personal Item

What never leaves my seat, even when the carry-on gets checked.

IV. For the Journey 14

- ○ The little pouch – *contents listed in VI*
- ○ Neck pillow & eye mask – *one that straps to the seat*
- ○ Zip-up jacket
- ○ Noise-canceling headphones
- ○ Wired earphones – *for the seatback screen*
- ○ Portable charger
- ○ Pen – *for arrival forms*
- ○ Pill organizer – *my usual medications in one place*
- ○ Disposable toothbrushes – *pre-pasted, toss after use*
- ○ Floss picks – *individually wrapped*
- ○ Disinfecting wipes – *for the tray table and armrests*
- ○ Grüns – *my greens gummies*
- ○ Snacks
- ○ Gum
- ○ .....
- ○ .....

V. Tech & Camera 5

- ○ Phone charger
- ○ Watch charger
- ○ Plug adapter – *a universal one covers most countries*
- ○ Camera – *whichever one you shoot with*
- ○ Camera charger & batteries
- ○ .....
- ○ .....

VI. The Little Pouch 10

- ○ SPF lip balm
- ○ Hand sanitizer
- ○ Hand cream
- ○ Wet wipes – *individually wrapped*
- ○ Bandages
- ○ Feminine products
- ○ Tide pen – *a spare lives in my personal item*
- ○ Hair ties & a mini claw clip
- ○ Mini scissors – *check the rules for your route*
- ○ Ibuprofen – *a small bottle*
- ○ .....
- ○ .....

VII. Out the Door 7

- ○ Passport or driver's license
- ○ Travel documents – *boarding passes, bookings, and any visas*
- ○ Wallet
- ○ Keys
- ○ Sunglasses
- ○ Glasses or contacts & solution
- ○ AirTags – *one in my carry-on suitcase, one in any checked bag*
- ○ .....
- ○ .....

Notes for this trip